

the Green House

plant yourself

SPECIALTIES

TARRAGON ALMOND CHICKEN SALAD \$11

served whole or half with a cup of soup; w/lettuce on light sourdough farm bread.

CHICKEN SALAD WRAP \$12

wheat tortilla w/ lettuce, sprouts, & avocado

JOYCE'S TUNA SALAD \$12

served whole or half w/ a cup of soup toasted wheat w/lettuce, tomato & red onion

TUNA SALAD WRAP \$13

wheat tortilla w/ lettuce, sprouts, & avocado

FRESH EGG SALAD \$13

on toasted wheat w/lettuce & a cup of soup

GRILLED CHEESE \$10.50

with a cup of soup

BLTABC \$14

Bacon, lettuce, tomato, avocado, basil Mayo, and shaved cucumber all served up on toasted farm bread

TRADITIONAL BLT \$10

GLUTEN-FREE BREAD AVAILABLE +\$1

SANDWICHES

TURKEY

- #1 white cheddar lettuce, tomato, mayo, & dijon on sourdough \$12
- #2 artichoke spread, provolone, baby spinach & fresh tomato basil relish on sourdough \$13
- #3 THE ULTIMATE CLUB: turkey, ham, bacon w/ avocado, mayo, dijon, lettuce, & tomato \$15

HAM

- #1 blackberry compote, sharp white cheddar, red onion, & arugula on sourdough \$12
- #2 grilled w/ dijon butter & brie on light sourdough \$13
- #3 frizzled salami, provolone, green olivada, red onion, oregano vinaigrette, arugula on warm sub roll \$14

ROAST BEEF

- #1 white cheddar, horseradish-chive mayo, red onion & arugula on sourdough \$12
- #2 grilled in herb butter w/assorted wild mushrooms & brie on sourdough \$13

VEGGIE

- #1 provolone, artichoke spread, avocado, sunflower sprouts, cherry tomatoes, carrots, red onion, cucumber & baby spinach \$12
- #2 roasted tomatoes provolone, shaved parmesan & fresh mozzarella \$13
- #3 fresh mozzarella, pesto, baby spinach, fresh tomato basil relish & green olivada. \$13

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SOUPS & SALADS

Ask about our Soul Kitchen Specials & Soup of the Day

TOMATO BASIL \$4 CUP / \$6 BOWL

served all day, every day

THE FOOD COMPANY \$11

Blue Cheese, Spiced Pecans, Cucumber, Red Onion & Avocado on Greens w/Raspberry Vinaigrette

THE TEA ROOM \$14

Our Food Company Salad w/a scoop of Tarragon Almond Chicken Salad & a Morning Glory Muffin

THE GODDESS \$14

Toasted Pumpkin Seeds, Cherry Tomatoes, Avocado, Shaved Parmesan, Carrots, Sunflower Sprouts & Fresh Herb Croutons over Baby Spinach w/ Green Goddess Dressing

SOUTHWEST SPINACH SALAD \$15

Baby spinach, black beans, corn, red onion, pumpkin seeds, croutons, & avocado w/ honey chili lime vinaigrette

SIDES

KALE SALAD \$3

ZAPPS CHIPS \$2.25

PITA CHIPS \$5

SEASONAL FRUIT \$3

CUP/BOWL OF SOUP \$4/\$6

PESTO PENNE \$3.50

LITTLE FOODCO SALAD \$5

SIPS

COKE PRODUCTS \$3

TOPO CHICO \$2.25

LEMONADE \$3

ICED TEA \$3

ROBERTO'S CITRUS FRUIT TEA PUNCH \$3

SWEETS

CHOCOLATE CHIP COOKIE \$2.25

MOLASSES COOKIE \$2.25

GF ROCKY ROAD PB BLONDIE \$5.50

BROWNIE \$5.50

OOEY GOOEY BAR \$5.50

KIDDOS

KIDS GRILLED CHEESE \$5

w/ tomato basil soup

KIDS HAM & CHEESE \$5

w/ apples

KIDS TURKEY \$5

(turkey & cheddar) w/ apples

KIDS PB&J \$5

w/ apples